

Lunch Buddies

Hosted by Mrs. Alex, OT

Benefits of Group:

- Exploration of novel foods within a therapeutic environment
- Social setting to create a positive mealtime experience
- Individualized treatment approach to meet child at their current feeding needs
- Build a positive relationship with food

Student Profile:

- Children ages 3-6 years
- Limited or delayed oral motor skill development
- Attending and staying focused during mealtimes
- Processing sensory input related to food experiences
- Presenting at mealtimes with anxiety



COST

- \$125 (non-refundable) deposit due by January 15, 2018
- \$75 per month due by the 15th of each month (Feb-Apr)

Small Group
2:1
Child to Adult
ratio

WHEN

Mondays & Thursdays
February 5-April 30,
2018

@ 11:10– 11:50 AM

24 sessions plus one
built-in make up ses-
sion

Ideal add on to
BUDS Preschool
Prep or your child's
feeding program!

pediatric
therapy
and
LEARNING CENTER

Deadline to
sign up:
January 15th!

Eligibility

This group is designed to help children ages 3-6 years old who may not be fully participating in mealtimes due to one or more of the following concerns/ challenges:

- Limited or delayed oral motor skill development
- Attending and staying focused during mealtimes
- Processing sensory input related to food experiences
- Presenting at mealtimes with anxiety

Program Description

This program is designed to focus on improving your child's ability to enter and sustain regulation and social interaction through a mealtime experience of approximately 15 minutes. Targeted goal areas include exploration of novel foods within a therapeutic environment, peer interaction, an individualized treatment approach to meet child at their current feeding needs and building a positive relationship with foods.

Cost

The program cost is based on 24 sessions spread out over a 3 month period. A make-up session was added at no charge in order to account for a possible cancellation on our part. The cost of the program is not billable to insurance and will be broken down as follows:

- Non-refundable deposit of \$125 due by January 15, 2018
- \$75 due by February 15, 2018
- \$75 due by March 15, 2018
- \$75 due by April 15, 2018

For full payment details, please review document titled "Lunch Buddies Group General Information and Policies".

Program Consultation/ Screening

If our feeding therapists do not currently or have not previously worked with your child, a program consultation will need to be conducted before January 15th to collect baseline information. The charge for the consultation associated with this program is \$40 and it takes up to 40 minutes. This program screening is NOT billable to insurance. It serves as a baseline measure for the group intervention and gives that therapist insight into your child's individual challenges, so your child can be better served.

Waiting List

If more people are interested than there are spots available, a waiting list will be initiated. The spots will be reserved in the order in which deposits are paid. You will be notified by PTLC if or when a spot becomes available.