



The **goal** is to help children understand how alert they are and how to get their bodies and brains ready for learning!



HOW DOES YOUR ENGINE RUN?®

THE PARTICIPANTS WILL:

- Learn how to correctly identify states of alertness using vehicle analogies
 - Learn how states of alertness impact attention, learning, and behavior
 - Learn how to use their bodies to change and/or sustain just right state of alertness
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REQUIREMENTS:

- Participants must be able to communicate verbally and remain seated for 15 minutes with less than 2 cues for redirection.

▶▶ GROUP OF 5 CHILDREN

DAYS: MONDAY AND WEDNESDAY

DATES: JUNE 5TH — 28TH

TIME: 10:30AM — 11:45AM

AGES: 5 — 8 YEARS

COST: \$340



108 Energy Parkway
Lafayette, LA 70508

Phone: (337) 504-4244
Fax: (337) 706-7612
www.pediatricTLC.com

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