









Red Flags– is this child a candidate for referral? (May be if any of the following are present)

-  Ongoing choking, gagging, coughing, or vomiting during meals
-  Parents reporting child as being “picky” at 2 or more well child checks
-  Inability to transition to baby food purees by 10 months of age
-  Inability to accept any table food solids by 12 months of age
-  Aversion or avoidance of all foods in specific texture (ie. puree, wet, sticky) or nutrition group (protein, starch, fruit/vegetable)
-  Food range of less than 20 foods, especially if foods are being dropped over time with no new foods, replacing those lost
-  An infant who cries and/or arches at most meals
-  Family is fighting about food and feeding (ie. Meals are battles)